



NUTRITION INFORMATION

For additional information,
please call 1-877-799-STAR

	Serving Size (g)	Calories	Calories From Fat	Total Fat (g)	Saturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
CHARBROILED BURGERS											
The Original Six Dollar Burger™	430	1010	600	68	27	150	1980	60	3	18	40
The Western Bacon Six Dollar Burger®	331	1140	600	67	28	150	2680	84	4	19	47
The Bacon Cheese Six Dollar Burger™	409	1070	670	76	30	170	1910	50	3	10	46
The Guacamole Bacon Six Dollar Burger™	447	1140	760	85	29	160	2010	54	6	11	43
The Double Six Dollar Burger™	602	1520	990	111	47	265	2760	60	3	18	69
The Low Carb Six Dollar Burger™	267	490	330	37	16	130	1290	6	2	4	33
Famous Star™ with Cheese	278	660	340	39	12	85	1260	53	3	10	27
Super Star® with Cheese	385	930	520	59	21	160	1600	54	3	10	47
Sourdough Bacon Cheeseburger	224	680	380	43	13	93	740	43	2	6	31
Western Bacon Cheeseburger®	206	710	300	33	12	85	1570	71	3	15	32
Double Western Bacon Cheeseburger™	323	970	470	53	21	155	1910	71	3	15	52
Jalapeño Burger™	283	710	400	45	8	90	1270	49	3	10	27
Big Hamburger	209	470	160	17	6	60	1060	54	3	13	24
Kid's Hamburger	195	460	160	17	6	58	1056	53	2	13	24
CHICKEN & OTHER CHOICES											
Charbroiled BBQ Chicken™ Sandwich	239	360	40	4	1	62	1154	48	4	12	34
Charbroiled Chicken Club™ Sandwich	264	550	210	25	7	95	1410	43	4	9	40
Charbroiled Santa Fe Chicken™ Sandwich	264	610	290	32	8	100	1540	43	4	10	37
Bacon Swiss Crispy Chicken Sandwich	318	720	310	35	8	85	1750	64	3	9	35
Chicken Breast Strips (3 pieces)	129	420	220	25	3.5	50	1210	28	1	1	23
Chicken Breast Strips (5 pieces)	251	710	370	41	6	80	2020	46	2	1	38
Spicy Chicken Sandwich	213	560	260	30	6	40	1480	59	2	7	15
Carl's Catch™ Fish Sandwich	291	660	280	31	5	30	1290	75	3	14	22
SIDES											
French Fries (Kids)	79	250	110	12	2.5	0	150	32	3	0	4
French Fries (Small)	92	290	120	14	3	0	180	37	3	0	5
French Fries (Medium)	147	460	200	22	4.5	0	280	59	5	1	7
French Fries (Large)	198	620	260	29	6	0	380	80	7	1	10
Onion Rings	128	460	210	23	3.5	0	890	56	3	5	7
Fried Zucchini	139	320	170	19	5	0	850	31	0	0	6
Fish & Chips	258	630	250	28	5	10	990	68	3	4	26
CrissCut® Fries	139	400	220	24	5	0	950	43	4	0	5
Chicken Stars (4 pieces)	57	170	100	11	3	24	310	10	1	0	9
Chicken Stars (6 pieces)	85	250	145	16	4	36	470	14	1	1	13
Chicken Stars (9 pieces)	127	380	220	24	6	55	710	22	1	1	20
SALADS - WITHOUT DRESSINGS											
Green Burrito® Taco Salad	587	940	520	57	18	85	2010	74	16	7	40
Charbroiled Chicken Salad	417	260	60	7	3.5	75	710	16	5	8	34
Side Salad	139	50	20	3	1.5	5	60	5	2	3	3
SALAD DRESSINGS - 2 OZ PACKETS											
House Dressing	57	220	200	22	3.5	20	440	2	0	2	0
Blue Cheese Dressing	57	320	310	34	7	20	410	1	0	1	2
Thousand Island Dressing	57	250	20	2	3.5	20	480	7	0	3	0
Low Fat Balsamic Dressing	57	35	15	2	0	0	480	5	0	3	0
BREAKFAST											
Breakfast Burger™	309	830	420	47	15	275	1580	65	3	13	37
Sourdough Breakfast Sandwich	193	460	190	21	9	280	1050	39	2	4	28
Sunrise Croissant™ Sandwich	172	560	370	41	15	290	970	27	1	5	20
Bacon & Egg Burrito	208	570	300	33	11	515	990	37	1	1	30
Loaded Breakfast Burrito	328	820	460	51	16	595	1530	52	2	3	38
Steak & Egg Burrito	319	600	290	32	13	495	1670	44	2	5	37
French Toast Dips® - No Syrup (5 pieces)	129	430	160	18	2.5	0	530	58	1	15	9
Hash Brown Nuggets	108	330	190	21	4.5	0	460	32	3	1	3
DESSERTS											
Chocolate Chip Cookie	71	350	160	18	7	20	330	46	1	27	3
Chocolate Cake	85	300	100	12	3	30	350	48	1	37	3
Strawberry Swirl Cheesecake	99	290	150	17	9	55	230	30	0	20	6
HAND-SCOOPED ICE CREAM SHAKES & MALTS™											
Vanilla Shake	397	710	300	33	23	100	230	86	0	76	14
Chocolate Shake	397	710	300	33	23	100	290	85	1	71	14
Strawberry Shake	397	700	300	33	23	100	240	84	0	75	14
OREO® Cookie Shake	397	720	340	37	24	100	350	79	1	64	16
Vanilla Malt	414	780	314	35	24	105	300	99	0	84	17
Chocolate Malt	414	780	314	35	24	105	360	98	1	79	17
Strawberry Malt	414	770	314	35	24	105	310	97	0	83	17
OREO® Cookie Malt	414	790	350	39	25	105	420	91	1	72	18