

Worksite Wellness Health Screening Solutions

Health Provider Screening Form

Individuals who complete a health or biometric screening are more than twice as likely to reduce their blood pressure risk category than those who do not participate. Similarly, those who complete a screening are 1.75 times more likely to reduce their cholesterol risk category.¹

Health Provider Screening Forms are ideal for individuals who prefer to complete their screenings with their current health care providers, further enhancing the patient-provider relationship. Employees can simply have their screenings done with a provider or at a convenience clinic, and then fax the form to UnitedHealthcare.

How it works

- An employee works remotely but wants to participate in the employer-offered biometric screenings.
- He receives an email promoting a health screening.
- The employee downloads the Health Provider Screening Form from myuhc.com® under "Health & Wellness."
- He schedules an appointment with his primary care provider and completes his screening at the clinic.

Did you know...

- Almost one in five (18.5 percent) people with high blood pressure are unaware of their blood pressure levels.²
- High blood pressure is a major risk factor for heart disease, stroke, congestive heart failure and kidney disease.³
- 25 percent of people with type 2 diabetes are unaware of their condition.⁴
- At least 65 percent of people with diabetes die from some form of heart disease or stroke.
 Adults with diabetes are two to four times more likely to have heart disease or a stroke than adults without diabetes.⁵



- He has the provider record his results and sign the provider verification form. The employee also must sign and date the form before returning it.
- After the results are recorded, he or the clinic returns the form by fax.

Features and benefits

This screening method reinforces the patient-provider relationship. In addition, it offers:

- Online self-service to access form and see instructions
- A configurable form enabling flexible data capture
- Control points to secure data collection
- Flexible dates for availability of screenings
- · Aggregated reporting with all other screening methods

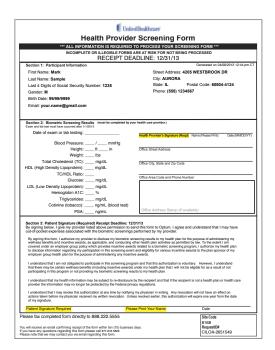
UnitedHealthcare makes data actionable for employees, employers and our health management team. Integrated data includes:

- Individual health record
- Online Health Assessment/Health Survey
- · Health coaching
- Member incentives

Improve your data collection

The Health Provider Screening Form is a great supplement to not only your annual Know Your Numbers onsite screening events but also to other health screening methods. Working together, your screening methods maximize coverage of biometric data, so you will have better insights into which health and wellness programs will work best for your unique population to ultimately help reduce long-term medical costs.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by UnitedHealthcare Insurance Company, United HealthCare Services, Inc. or their affiliates.



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UnitedHealthcare is dedicated to making the administration of a comprehensive biometric screening solution easy. Our flexible solutions allow you to select the combination of biometric screening types right for your organization—onsite events, at-home kits, lab visits and health provider screening forms.



For information about Health Provider Screening Forms, contact your UnitedHealthcare representative.



¹ UnitedHealth Group Risk Reduction Study, 2012.

² American Heart Association Statistical Fact Sheet 2014 Update, http://www.heart.org/idc/groups/heart-public/@wcm/@sop/@smd/documents/downloadable/ucm_462020.pdf, January 2015.

³ Why Blood Pressure Matters, American Heart Association, http://www.heart.org/ HEARTORG/Conditions/HighBloodPressure/WhyBloodPressureMatters/Why-Blood-Pressure-Matters_UCM_002051_Article.jsp, January 2015.

⁴ Infographic: A Snapshot of Diabetes in the United States, http://www.diabetes.org/diabetes-basics/statistics/cdc-infographic.html, January 2015.

⁵ American Heart Association, Cardiovascular Disease & Diabetes, http://www.heart.org/HEARTORG/Conditions/Diabetes/WhyDiabetesMatters/Cardiovascular-Disease-Diabetes_UCM_313865_Article.jsp, January 2015.