



STAKER | PARSON
C O M P A N I E S

Blue Cross Blue Shield of Texas

Your Preventive Care Benefit

This benefit program provides services and supplies related to the following types of Preventive Care (\$1,000 per calendar year per individual):

1. Well-Baby Care and Well-Child Care—routine or scheduled well-baby and well-child examinations, including Rubella and PKU tests.
2. Adult Examinations—Annual physical examinations, including basic blood work, colonoscopy, cholesterol panel, prostate cancer screenings (PSA test), and pap tests.
3. Preventive screening mammogram services.
4. Immunizations (administered independently or in combination):
 - Diphtheria, Tetanus, Pertussis (whooping cough)
 - Rubella, Mumps, Measles
 - DTP & Polio
 - Varicella (chickenpox)
 - Polio (IPV)
 - Influenza Virus
 - Hepatitis B, Pneumococcal
 - Hemophilus Influenza B (HIB)
 - Routine immunizations recommended by your local District Health

How do I find an In-Network Provider?

Go to—www.bcbs.com and enter your zip code and the alpha prefix “CDE” to access the appropriate network information.

Questions about Preventive Care?

Call BCBS of Texas at — 1-800-521-2227