

Expenses That Are Typically Denied For Reimbursement Under A Flexible Benefit Plan Medical Care Flexible Spending Account

The following list includes expenses, or types of documentation, which are typically denied for reimbursement under a Flexible Benefit Plan. ****Please Note: In some instances items on the list below may be allowed if the expense is prescribed by a physician for a specific medical condition.*** Please feel free to contact an EBR representative if you have any question regarding the allowability of an item. For more information contact EBR or refer to [IRS Publication 502](#), Medical and Dental Expenses.

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| <ul style="list-style-type: none"> ▲ Aroma Therapy ▲ Baby Bottles / Cups ▲ Baby Wipes ▲ Chapstick ▲ Controlled Substances ▲ Cosmetics ▲ Cosmetic Surgery* ▲ Deodorants ▲ Dietary Foods ▲ Exercise Equipment* ▲ Weight Loss Program Food Products ▲ Diet Drinks ▲ Feminine Hygiene Products* ▲ Food Supplements* ▲ Funeral Expenses ▲ Hair Color ▲ Hair Replacement* ▲ Health Club Dues* ▲ Herbal Supplements* ▲ Income Protection Insurance Premiums ▲ Life Insurance ▲ Lip Balm / Lipstick ▲ Long Term Care Expenses or Insurance Premiums ▲ Low “Carb” Foods ▲ Low Calorie Foods ▲ Marriage or Family Counseling ▲ Massage Therapy* ▲ Maternity Clothes ▲ Meals During Travel for Medical Visits ▲ Medicare A Insurance ▲ Nursing Care for a Health Baby ▲ Nutritional Supplements* ▲ Perfumes ▲ Petroleum Jelly | <ul style="list-style-type: none"> ▲ Premiums incurred by an employee or spouse for accident and health insurance policies ▲ Skin Moisturizers ▲ Shaving Cream ▲ Suntan Lotion ▲ Shampoo and Conditioner ▲ Swimming Lessons ▲ Teeth Whitening / Bleaching* ▲ The 1.45% hospital insurance benefits tax withheld from your pay as part of the Social Security tax or paid as part of Social Security self-employment tax. ▲ Toothbrush (including electric)* ▲ Toothpaste ▲ Travel for Rest or Change ▲ Vitamins* ▲ Weight loss programs for general health or appearance |
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Unacceptable Claim Documentation

- ▲ Balance Forward statements
- ▲ Credit Card Receipts
- ▲ Canceled Checks

Required Documentation

- ▲ Orthodontia Service Agreement or Contract needed – if required to make payments / required down payment
- ▲ Reimbursement for nonprescription / over the counter medication purchases, will require a receipt of purchase indicating the date of purchase, the amount, and the name of the product.